Yin Yang - The two sides of a Teacher

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Introduction

This assignment is written as part of the Psychology unit included in the curriculum of the 2nd Cycle of the "Teaching Physical Education in Primary and Secondary Schools" course offered by the Faculty of Sports of the University of Porto.

It aims to identify some of the personal characteristics that I, as a teacher of Physical Education, should improve, as well as some of those characteristics that can be considered positive.

For the presentation and discussion of this research work, a website was developed which is divided into distinct pages reserved for the display of each of these characteristics, as well as for the exemplification of each of the contents, namely: Communicative, Creative, Disorganized, and Demotivated.

https://samuelllana6.wixsite.com/samuelllana

Aim

- Identify characteristics that I consider positive and must improve to be a teacher;
- Reflect on how to develop and enhance these characteristics more as students of the Master of Education and teachers of Physical Education;
- Present this work creatively.

Methodology

1. Questionnaire

- 15 people and 30 answers

2. Revision

- Creative - Do schools kill creativity? Ken Robinson
- Características do Professor Eficaz (2010)
- Disorganized - Quebra-Cabeça
- Communicative – Arrival (2016)
- IMDb

3. Reflection

- How it manifests itself?
- What was the reason that led me to choose this one?
- What is the personal problem as a teacher - causes and consequences?

4. Project

- Four distinct projects:
  - Strategies to enhance the positive characteristics and develop the characteristics to improve.
  - Adapt the projects to the pandemic situation we are experiencing.
  - Think outside the box.

Results - Work Presentation

Conclusion

Work Reflections:
- Communication: Establish relationships with the school community.
- Creativity: Offer a favorable environment for the development of students' creative expression.
- Disorganized: To make the best use of time, is to spend it in the right places and do the right tasks.
- Unmotivated: Understand the reasons and interests that still support teachers in a profession that is constantly devalued.

Analysis of strategies and projects
- Of the characteristics chosen, they need greater and more in-depth literary analysis, since they are subjects of a complex nature.
- Projects need more time to be developed and later analyzed.

Importance of this work
- Importance of having formative actions in order to favor the global development of the personality.
- All phases of this work allowed the survey of notions related to self-knowledge about the personal and professional field.

Research Suggestions
- We can reflect on a set of personal and professional qualities of the teacher to the detriment of the students' performance levels.
- Debate self-knowledge as literature in educational discourse.

References

